

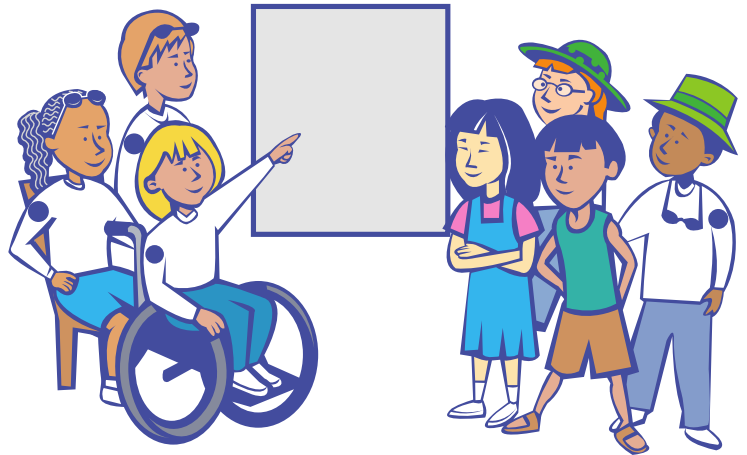
inclusion is a
mindset!

TIPS ON INCLUSION FOR OUR FRIENDS IN THE DISABILITY COMMUNITY



EDUCATE YOURSELF AND OTHERS

- Watch Crip Camp
- Read Haben Girma's memoir
- Watch Ted Talk with Stella Young: "I'm Not Your Inspiration"
- Talk with a friend at school who has a disability
- Learn about Ableism:
<https://youtu.be/MEsw3qvpS9g>



CHANGE YOUR LANGUAGE

Recognize obviously insulting terms and stop using or tolerating them.

- The most essential guideline for disability language is to use whatever words each individual disabled person prefers.



EXAMPLES OF DISABILITIES

- vision Impairment
- deaf or hard of hearing
- mental health conditions (*could be triggered by their disability)
- intellectual disability
- acquired brain injury
- autism spectrum disorder
- physical disability



ENSURE YOUR MEETINGS ARE ACCESSIBLE

- Include captions for any videos from your clubs
- Is the club in an accessible location?
- Will anyone need any type of accommodation--sign language interpreter, sitting closer to a presentation, etc. (if you're not sure--ask!)

