

# CLUB PRE-PLANNING REFLECTION worksheet



Using the questions below, reflect on the goals you want to set for your club. Work on this with your other club leaders, and refer to this whenever your club is having trouble.

Why do you have a BC2M club on campus? Name 3 reasons.

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Based on those 3 reasons above, what are some tangible goals you want to accomplish? Name 4 (ex: create a "resource wall", implement a wellness center).

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How often do you want your club to meet? (once a week, twice a month, once a month)

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What day and time of the week do you want to meet?

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How many club members do you hope to have & maintain?

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Name 2 events you want your club to host for your school.

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List 4 mental health topics you want to cover or address as a club.

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Based on the topics above, name 1 activity to do that relates to each topic (use the portal if needed).

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**NOTE:** There is no right way to host a BC2M club, as long as you are following the basic guidelines (see Terms of Agreement Form). The questions in this worksheet allow you to plan the minimum of what a BC2M club should accomplish. Feel free to set additional goals!