

VISION BOARDS



PURPOSE:

Why?

Engaging in a Vision Board activity empowers students to identify their goals and aspirations, fostering a positive mindset and a sense of purpose. By looking through magazines, cutting out images or words that resonate with them, and crafting a collage for their vision board, individuals engage in self-reflection and mindfulness.

HOW TO:

Materials & Budget

- Magazines & Books (free if students bring in!)
- Poster Board Paper (\$10 or free if you can use school materials)
- Scissors (\$5 or free if you can use school materials)
- Glue (\$5 or free if you can use school materials)
- Optional: Markers or Stickers (\$10 or free if you can use school materials)

Instructions

- Collect magazines, books, scissors, glue, a poster board or canvas, and any other decorative materials (markers, stickers) you'd like to use.
- Look through magazines/books and cut out images, words, and phrases that resonate with your goals, aspirations, and values.
- Arrange and glue your selected images and words onto the poster board.
- Use markers, stickers, or other embellishments to personalize your vision board further.
- Take your vision board home and hang it on your wall to be reminded of your goals every day!

Timeline

Preparation time for this activity is a few days. You will need to buy all the materials needed. This activity can take 30 minutes or longer.

Impact

This activity is great for club meetings as it is a fun, hands-on activity that you can make in your meeting room!

Example(s)

Example from Lawrence North HS
BC2M!



Example of BC2M members with
their vision boards!



Post photos from this activity to your club
Instagram and tag @bc2mhighschool

