

“ I AM...”



PURPOSE:

Why?

Many of us "know" each other within a club or group, but do we really know someone? The "I Am" activity takes this concept deeper and also allows students to learn more about one another and spend time building each other up.

HOW TO:

Materials & Budget

- Construction paper (free if you can use school materials)
- Writing/coloring materials (free if you can use school materials)
- Magazines (if students want to create a collage, free if students can bring from home)

Most of these materials can be found in classrooms (make sure to ask your teachers if it is ok to take extras) but if you would like to spend some money, set aside about \$20 to \$30 depending on the amount of people who participate.

Instructions

- Have each student write the words "I am..." in the middle of a piece of paper
- Around those words, have students write words/phrases/statements that describe them (physical traits, identity, how they think of themselves both positive and negative).
- After that, have students flip their paper over and write the words "You are..." in the middle.
- Have students pair up, rotating partners every few minutes. In their pairs, students will share positive words/phrases to describe their partner. The person being described can write these down on the back of the paper.

