

FACULTY APPRECIATION NOTES



PURPOSE:

Why?

The Faculty Appreciation Notes activity invites students to write messages of gratitude to their favorite teachers and staff, acknowledging their dedication and positive impact on the school community. Expressing gratitude improves mood, promotes mindfulness, and enhances relationships, leading to a more supportive school environment

HOW TO:

Materials & Budget

- Notes Cards or Stationary (\$10-20)
- Envelopes (\$10)
- Markers or Pens (\$5 or or free if you can use school materials)

Instructions

- Each student collects a couple of note cards, envelopes, and pens for this activity.
- Write a heartfelt message to a faculty member, expressing your appreciation.
 - This can look like thanking your BC2M advisor for advising the club, thanking your favorite teacher for being kind, or thanking the cafeteria staff for making lunch every day.
- After you are done writing your note, seal it in an envelope and write the faculty's name.
- Individually hand out your thank you notes to your faculty member!

Timeline

Preparation time for this activity is a few days. You will need to go buy the materials ahead of time. This activity can take 20 minutes or longer.

Impact

This activity is great for club meetings as it is a fun, quick activity that helps promote kindness and positivity in the school community.

Example(s)

Example from Los Osos BC2M High School!



Post photos from this activity to your club
Instagram and tag @bc2mhighschool

