

BEST PRACTICES



Create a New Year's Resolution for your club for each of the six best practices

Embody Your Vision: Set and chase ambitious goals, all grounded in your 'why'

Grow Into Your Power: Take the lead, share responsibility, and strive to improve together

Strengthen Your Team: Increase your club impact by actively inviting new members, gathering allies, and creating a welcoming and inclusive space

Build Your Momentum: Meet consistently, with a balance of different meeting types. Use your BC2M tools, and utilize your club coach

Increase Your Knowledge: Engage meaningfully with our learning resources to support mental health conversations, skills and actions

Engage Your Community: Host at least four activations per year that connect with your whole school, to drive campus-wide impact

Review your answers to the 'Clear Vision' prompts in the [Club Leader Workbook](#) and answer the following questions:

- **What did you identify as your top three goals for this year?**
- **Which of these have you completed and which are you still working on?**
- **Are these goals still your top priorities or do you need to change them up a little?**